



**KARUNA**

Rewire your brain. Unlearn your pain.

# Which indications does the KarunaHOME program cover?

- Failed Back Syndrome (FBSS)
- Fibromyalgia
- Frozen Shoulder
- Low Back Pain
- Phantom Limb Pain / CRPS
- Radiculopathy
- Repetitive Strain Injuries
- Sciatica
- SI Joint Dysfunction
- Spondylolisthesis
- Thoracic Outlet Syndrome

Contact us directly at:

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[karunalabs.com](http://karunalabs.com)

The program is designed to:



Improve function



Decrease pain



Promote long-term results



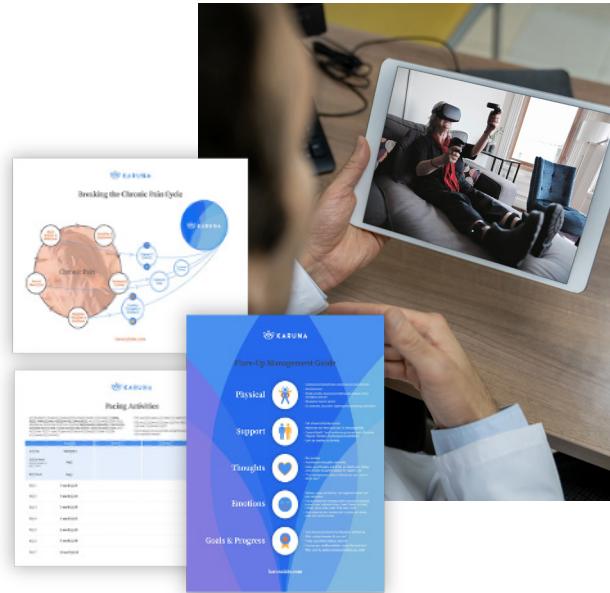
**Karuna means  
“compassion” in Sanskrit**

*At Karuna Labs, our goal is to provide compassionate solutions to patients suffering from chronic pain. Inspired by treating our own family members, Karuna uses state-of-the-art technology and personalized coaching to help patients retrain their brains and unlearn their pain.*

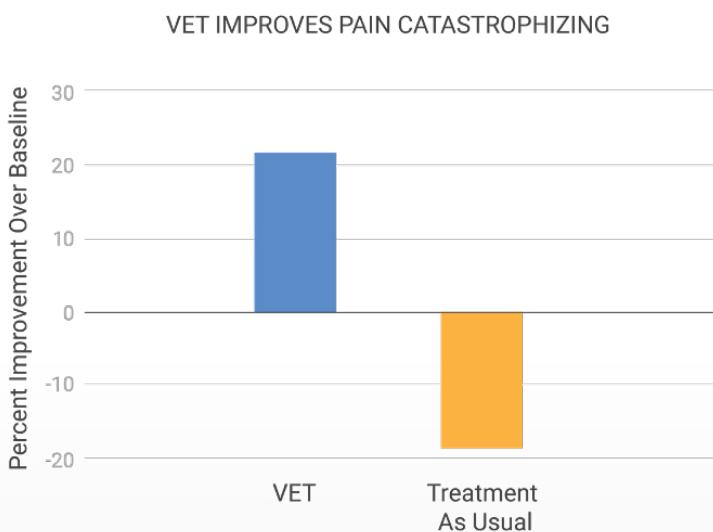
# KarunaHOME 12-Week Program

## DME + Wrap-Around Educational & Coaching Services

- ✓ Self-diagnostic tools
- ✓ Exposure therapy exercises
- ✓ Weekly, live coaching sessions
- ✓ Comprehensive pain neuroscience education



## KVET™ is Superior on Measures of Pain Catastrophizing

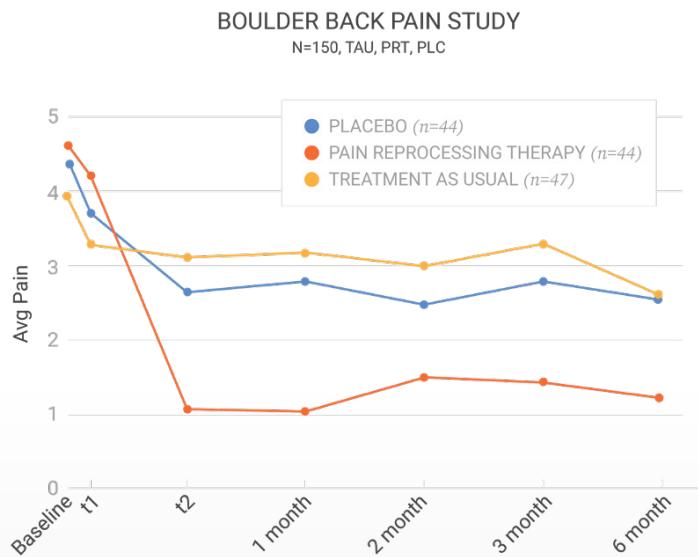


Karuna Labs VET data: Saby, A., Alvarez, A., Smolins, D., Petros, J., Paul, H., Nguyen, L., Bartoli, A., Trujillo, M.S., Embodiment in Virtual Reality for treatment of chronic pain: A feasibility study. *Journal of Pain and Therapy*. In Review (2020).

Control data from: Torres et al., Results of an Active Neurodynamic Mobilization Program in Patients With Fibromyalgia Syndrome: A Randomized Controlled Trial, *Archives of Physical Medicine and Rehabilitation*, Volume 96, Issue 10, 2015, Pages 1771-1778

Experimental group was active neurodynamic mobilization program on pain, neurodynamics, perceived health state for 8 weeks. Control group was treatment as normal with an educational leaflet for 8 weeks.

## Karuna Coaching Methodology Outperforms Placebo & "Treatment as Usual"



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**Durable Medical  
Equipment + Coaching**

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