

Which indications does the KarunaHOME program cover?

- Failed Back Syndrome (FBSS)
- Fibromyalgia
- Frozen Shoulder
- Low Back Pain
- Phantom Limb Pain / CRPS
- Radiculopathy
- Repetitive Strain Injuries
- Sciatica
- SI Joint Dysfunction
- Spondylolisthesis
- Thoracic Outlet Syndrome

Contact us directly at:

415.894.0355 | info@karunalabs.com
karunalabs.com



**Karuna means
“compassion” in Sanskrit**

At Karuna Labs, our goal is to provide compassionate solutions to patients suffering from chronic pain. Inspired by treating our own family members, Karuna uses state-of-the-art technology and personalized coaching to help patients retrain their brains and unlearn their pain.

The program is designed to:



Improve function



Decrease pain

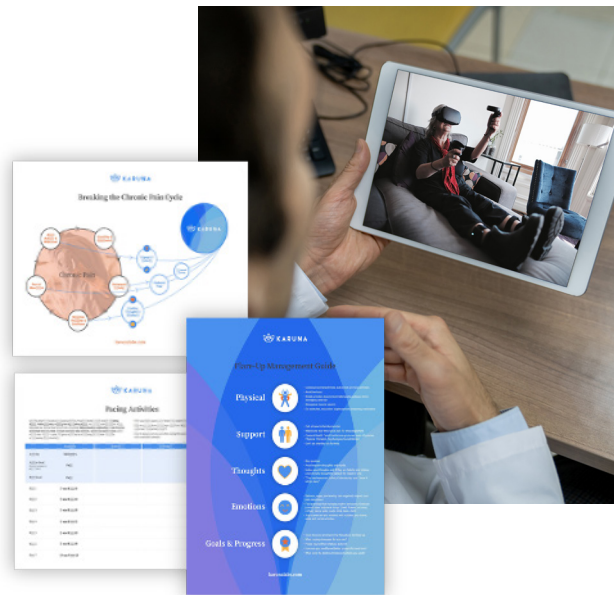


Promote long-term results

KarunaHOME 12-Week Program

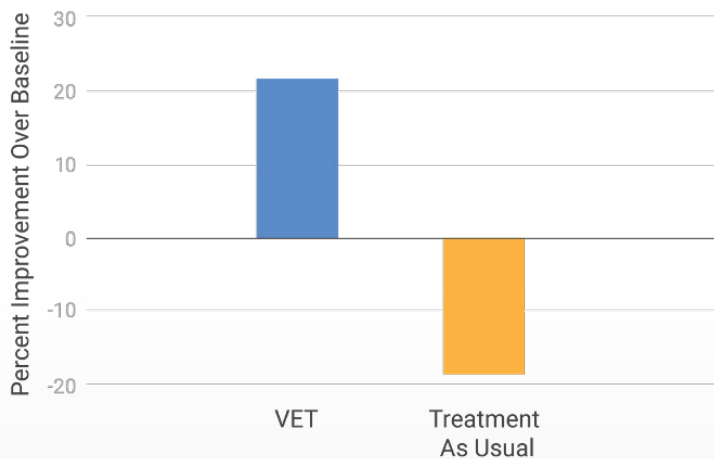
DME + Wrap-Around Educational & Coaching Services

- ✓ Self-diagnostic tools
- ✓ Exposure therapy exercises
- ✓ Weekly, live coaching sessions
- ✓ Comprehensive pain neuroscience education



KVET™ is Superior on Measures of Pain Catastrophizing

VET IMPROVES PAIN CATASTROPHIZING



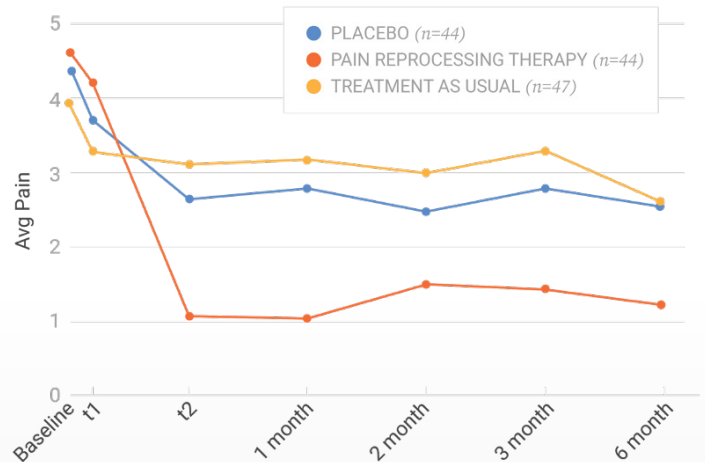
Karuna Labs VET data: Saby, A., Alvarez, A., Smolins, D., Petros, J., Paul, H., Nguyen, L., Bartoli, A., Trujillo, M.S., Embodiment in Virtual Reality for treatment of chronic pain: A feasibility study. Journal of Pain and Therapy. In Review (2020).

Control data from: Torres et al., Results of an Active Neurodynamic Mobilization Program in Patients With Fibromyalgia Syndrome: A Randomized Controlled Trial, Archives of Physical Medicine and Rehabilitation, Volume 96, Issue 10, 2015, Pages 1771-1778

Experimental group was active neurodynamic mobilization program on pain, neurodynamics, perceived health state for 8 weeks. Control group was treatment as normal with an educational leaflet for 8 weeks.

Karuna Coaching Methodology Outperforms Placebo & “Treatment as Usual”

BOULDER BACK PAIN STUDY
N=150, TAU, PRT, PLC



Ali Najafian Jazi, MD, MS1,2, David L. Sultzer, MD1,2, Mark A. Lumley, PhD3, Sheryl Osato, PhD1,2, Brandon C. Yarns, MD, MS1,21University of California, Los Angeles; 2VA Greater Los Angeles Healthcare System; 3Wayne State University

**Durable Medical
Equipment + Coaching**

424.248.9314 | info@karunalabs.com | karunalabs.com

Rewire your brain. Unlearn your pain.